United Way Centraide
Stormont, Dundas & Glengarry

## For more than 80 years, the United Way Centraide SDG has strived to break down barriers, create opportunities, and improve lives in our region.

Concerns for communities, and in particular our most vulnerable populations, continue to grow as the cost of living continues to increase faster than an individual's income, and basic necessities such as housing, food, and transportation, are not affordable for the majority of people living in our region. At United Way Centraide SDG, we're working hard to ensure that the programs we invest in are going to help the thousands of individuals and families facing increased challenges.

**We don't do it alone.** The United Way harnesses the collective knowledge and expertise of multiple sectors to tackle issues impacting our communities – non-profits, businesses, governments, individuals with lived experience and more. The challenges we tackle in SDGCA – such as homelessness, rising cost of living, and mental health – demand collaboration.

**100%**
money raised stays local in SDGCA

**19**
programs were funded in 2023/24 with money raised.

**66%**
money raised impacts lives in Cornwall

**24,000+**
people impacted by UWC SDG led & funded programs in 2023/24

**34%**
money raised impacts lives in rural areas

**930**
people who were homeless or housing insecure were supported

## United Way Centraide SDG Programs

**Last Resort Fund**

Administered by:
Agapè Centre
House of Lazarus

**Utilities Support**

Low-income Energy Assistance Program (LEAP)
Ontario Electricity Support Program (OESP)

## 2023-2024 Community Agencies

- Agapè Centre
- Bereaved Families of Ontario (South East)
- BGC Cornwall/SDG
- Canadian Mental Health Association - Champlain East
- Community Navigation of Eastern Ontario (211 East)
- Diversity Cornwall
- Équipe psycho-sociale
- House of Lazarus
- Inspire – Community Support Services
- Sexual Assault & Support Services (SASS)
- Tri-County Literacy Council

# 100% LOCAL

**All money raised in the community stays in the community.** The United Way funds a network of local agencies that offer vital programs to thousands of people across Stormont, Dundas, Glengarry, when they need it most. By managing investments in a wide range of programs/services, we ensure that every dollar donated fills gaps in care here and addresses the most pressing needs in our community.

All funded programs fit within United Way's three focus areas to create lasting social change: **Helping Kids be All They Can Be**, **Moving People from Poverty to Possibility**, and **Building Strong and Healthy Communities**.

## $50

provides four people experiencing food insecurity **with access to a free warm breakfast four times a week for one month.**

## $100

provides one person in crisis and/or experiencing homelessness access to a community hub and warming centre to **get connected to the supports they need.**

## $150

provides an adult with **free learning opportunities** (small class or one-on-one mentoring) to help them reach their learning goals.

## $250

provides an individual experiencing sexual violence living in a rural or remote area **a counselor who travels to them** for one session.

## $500

provides a transgender, non-binary and gender non-conforming individual with gender affirming care services to support their wellbeing for a year.

## $1000

provides a caregiver of a person with a developmental disability short-term relief from a private worker, giving them **time to focus on their wellbeing.**

## $1600

provides **3 youth** access to **after school programs** to learn new skills, play games and find community for one school year.

## $3000

provides **first and last month's rent** for an individual or family faced with homelessness to get a fresh start in a new home through the **Last Resort Fund**