



UNITED IS THE WAY FORWARD



**United Way
Centraide**
Stormont, Dundas
& Glengarry

40%

people living in SDGCA
make less than \$33,337
annually (a living wage).

1 in 7

households in East
Ontario are currently
food insecure.

60%

people renting in Ontario
cut back on food in order to
pay their rent.

1 in 4

people living in Ontario
accessed **mental health**
help in 2022.

We feel it too. Everyday life is getting unaffordable and too many people in SDGCA are having to make significant sacrifices to make ends meet.

We're here to help. Our goal is to ensure everyone experiencing financial and/or emotional uncertainty has somewhere to go for support. So no one falls through the cracks or gets left behind.

But we don't do it alone. The issues we tackle demand collaboration and community investment. We work with other nonprofits, government, businesses, and people like **YOU** to make sure we are investing in solutions that are preventative, meet people where they are, and set people up for success.

100% local impact

\$50

provides one senior with five healthy meal deliveries to their home.

\$100

provides one person in crisis or experiencing homelessness access to a community hub and warming centre.

\$150

provides one person with essential skills training to find a job.

United Way SDG Programs

Last Resort Fund

Administered by:
Agape
House of Lazarus

Utilities Support

Low-income Energy
Assistance Program (LEAP)
Ontario Electricity Support
Program (OESP)

2023-2024

Community Agencies

BGC Cornwall/SDG
Canadian Mental Health Association
Centre Charles-Émile-Claude
Community Navigation of Eastern Ontario (211 East)
Diversity Cornwall
Équipe psycho-sociale
House of Lazarus
Inspire – Community Support Services
March of Dimes
Meals on Wheels
Sexual Assault & Support Services (SASS)
Tri-County Literacy Council
Vista Centre Brain Injury Services