



**United Way  
Centraide**  
Stormont, Dundas  
& Glengarry

INCOME

UNEXPECTED  
ILLNESS

EVERYTHING IS  
MORE EXPENSIVE

EXPENSES

STOPPED PAYING  
BILLS TO AFFORD  
FOOD

JOB LOSS

HOMELESS

# LIFE IS UNPREDICTABLE

**It can throw many curveballs.**

An unexpected illness.

A sudden job loss.

Loss of a family member.

End of a relationship.

Increase in cost of living.

Or even a global pandemic.

These moments of transition are when we're our most vulnerable to being trapped by the complex web of poverty.

**Help break this cycle.**

Join us as we build a community where everyone has food on the table, an affordable place to call home, and a sufficient and reliable income.

**A place where we stand united.**

**Donate Today**