



**United Way
Centraide**
Stormont, Dundas
& Glengarry

INCOME

END OF
RELATIONSHIP

EXPENSES

DISCONNECTION NOTICE
\$1000+ BILL

LIVING ON ONE
INCOME IN
SAME HOME

STOPPED PAYING
UTILITY/GAS
BEHIND ON RENT

HOURS
DECREASED
AT WORK DUE
TO MENTAL
HEALTH

GIVES UP HOME
COUCH SURFING

LIFE IS UNPREDICTABLE

It can throw many curveballs.

An unexpected illness.

A sudden job loss.

Loss of a family member.

End of a relationship.

Increase in cost of living.

Or even a global pandemic.

These moments of transition are when we're our most vulnerable to being trapped by the complex web of poverty.

Help break this cycle.

Join us as we build a community where everyone has food on the table, an affordable place to call home, and a sufficient and reliable income.

A place where we stand united.

Donate Today