

**SHOW  
YOUR  
LOCAL  
LOVE**



There has been a 39% increase in the prevalence of food insecurity in Canada during the pandemic

**LEAVE NO ONE BEHIND**

For nearly 80 years, we have been advocating for **#UNIGNORABLE** local issues such as poverty, hunger, social isolation, and mental health. More and more, we are seeing the same people who were already struggling be affected the most by the pandemic.

## 100% Local.

Because of your support, we're able to invest in **16 partner agencies** and **19 programs across SDG** that are providing essential services to the most vulnerable in our communities.

### Helping kids be all they can be

Big Brothers Big Sisters of Cornwall & District  
BGC Cornwall/SDG  
Équipe psycho-sociale

### Moving people from poverty to possibility

Centre 105  
Tri-County Literacy Council  
Vista Centre Brain Injury Services

### Building strong and healthy communities

Bereaved Families of Ontario – South Eastern Region  
Canadian Hearing Services  
Canadian Mental Health Association  
Centre Charles-Émile-Claude  
Community Navigation of Eastern Ontario (211 East)  
Diversity Cornwall  
Inspire – Community Support Services  
March of Dimes  
Meals on Wheels  
Sexual Assault & Support Services (SASS)

When we talk about recovery or returning to “normal”, we must prioritize those who have been hit the hardest.

## Here’s how you can help us make sure **no one is left behind.**



\$3 a pay x 26 weeks

# \$78

Provides five people a warm breakfast and access to emergency support.



\$6 a pay x 26 weeks

# \$158

Provides one person with essential skills training to get back into the workforce.



\$10 a pay x 26 weeks

# \$260

Provides three teens access to a drop-in after school program once a week in North Dundas.



\$15 a pay x 26 weeks

# \$390

Pays for a counselor to drive to rural SDGCA and provide essential sexual assault support to two women.

**Show your local love**  
**ALL FUNDS RAISED IN SDG STAY IN SDG**

**Donate**

[www.unitedwaysdg.com](http://www.unitedwaysdg.com)