

United Way/Centraide Stormont, Dundas & Glengarry Community Impact Report 2015

Together, we are helping kids be all that they can be

We put children and youth on a path to success by investing in their development from early childhood to young adulthood – ensuring they have the skills and opportunities to become successful adults.

Organization	Program	Community Impact	People
Glengarry Inter Agency Group	Dundas Youth Program	<ul style="list-style-type: none"> This program promotes healthy lifestyles, positive attitudes, encourages participation in physical activities and nutritious cooking programs There are also workshops on stress management, time management and healthy relationships Youth programs are offered in Winchester, Morrisburg & Chesterville 	104 youth equipped 70 volunteers 698 volunteer hours
Glengarry Inter Agency Group	Glengarry Youth Program	<ul style="list-style-type: none"> This program provides a safe haven for children ages 9-17 years of age The participants have opportunities to engage in workshops and services for employment considerations Youth programs are offered in Alexandria, Green Valley and Williamstown 	408 participants 58 volunteers 650 volunteer hours
Big Brothers/Big Sisters Cornwall	One to One Mentoring Program	<ul style="list-style-type: none"> Children from low income, one parent homes are matched with a volunteer in a mentoring friendship The “Bigs” and “Littles” spend time together weekly doing everyday activities 	85 “Littles” 85 “Bigs” 13,260 volunteer hours
Equipe psychosociale	Article 23 Project – Francophone mental health intervention program	<ul style="list-style-type: none"> This is a francophone mental health intervention program This program encourages overall success at school and in the community Participants are engaged in art, music and health programs. The children benefit from positive recognition and relationship building. 	21 children educated and assisted
Boys & Girls Club of Cornwall SDG	Club House Program	<ul style="list-style-type: none"> The Club House program creates a safe and positive environment where children and youth can find support to explore interests, build positive relationships with peers and adult role models The participants develop skills to overcome personal challenges and gain confidence that will sustain them throughout life The program also provides physical activities, promotes healthy eating, personal well-being, leadership and homework support 	1,312 children 129 volunteers 4,654 volunteer hours

Together, we are building strong communities

We improve access to social and health-related support services in order to create healthy people and strong communities.

Organization	Program	Community Impact	People
Glen Stor Dun Lodge Outreach Services	Meals on Wheels	<ul style="list-style-type: none"> This program provides home delivered, hot nutritious meals to frail seniors, seniors with disabilities or cognitive impairments, chronically ill or convalescing individuals With this service, a daily security check promotes safety for the vulnerable and an opportunity for social interaction 	267 individuals 30,262 meals 220 volunteers 7,300 volunteer hours
SD&G Developmental Services	Independent Relief Services	<ul style="list-style-type: none"> This program connects families who are caring for a loved one with developmental challenges with a worker for respite It also provides consistent support for the transition from high school to adulthood where many other programs and funding sources stop 	22 individuals served
March of Dimes Canada	Assistive Devices Program	<ul style="list-style-type: none"> This program assists those with physical disabilities living on a low income With secured funding, clients have to opportunity to acquire assistive devices, enabling them to have increased mobility and functional independence 	19 individuals 18 volunteers 60 volunteer hours
Bereaved Families	Bereavement support	<ul style="list-style-type: none"> This program accompanies clients through their grief process after the loss of a loved one Bereaved clients who benefit from the services create strong bonds with other clients 	1,341 individuals 19 volunteers 1,057 volunteer hours
Canadian Red Cross	Transportation Program	<ul style="list-style-type: none"> This service provides rides for the clients when their needs cannot be met by; local transit, their circle of support or other services, due to lack of availability, financial resources or physical/mental incapacity This service focuses on out of town medical appointments 	935 individuals 33 volunteers 15,033 volunteer hours
Canadian Mental Health Assoc	Mental Health Promotion – TAMI Program	<ul style="list-style-type: none"> This program provides a 3-5 day program for high school students, designed to increase awareness about mental health issues and decrease stigmatism The promoter of this program also delivers and facilitates information session for parents and organizes mental health promotion events throughout the year 	7660 individuals reached 6 volunteers 60 volunteer hours

Organization	Program	Community Impact	People
Beyond 21	Social network program for developmentally challenged adults aged 21 & over	<ul style="list-style-type: none"> This program provides an opportunity for its participants to socialize and build relationships The program focuses on engaging individuals with complex needs through meaningful activities, involving other peers and community connections 	21 participants 50 volunteers 1,000 volunteer hours
CNIB	Vision Rehabilitation Services	<ul style="list-style-type: none"> The services provided include independent living skills training, orientation and mobility instruction, low vision services, registration and referral, assistive technology services <p>Children and youth services are also provided</p>	502 individuals 16 volunteers 220 volunteer hours
Canadian Hearing Society	Counselling Services	<ul style="list-style-type: none"> The needs of individuals with hearing loss are addressed through; problem solving, accessing community resources and activities in order to manage daily lives and participate in their community Advocating for communication and accommodation is also in practice to reduce the risk of disempowerment, isolation and depression 	51 individuals 4 volunteers 60 volunteer hours
Sexual Assault & Support Services	Mobile Outreach Support Service	<ul style="list-style-type: none"> The service provides sexual assault support services and counselling for those who are unable to access services in their area due to lack of transportation, distance, financial restraints or other barriers. 	20 individuals

Together, we are moving people from poverty to possibility

We support and empower people who are vulnerable to falling into poverty, by ensuring, they have access to the support and skills they need to succeed.

Organization	Project	Community Impact	People
Counselling & Support Services of SD&G	Social Work Program	<ul style="list-style-type: none"> Counselling services are provided to people who have children and may require advocacy support and education A focus on skill development in areas of; parenting, problem solving, parent-child conflict, blended family issues, separation, post-divorce issues, parental conflict and communication 	281 individuals
Tri-County Literacy Council	Volunteer Coordinator	<ul style="list-style-type: none"> Recruiting and training of all volunteers to meet learners' needs in all programs, including one on one learning, private tutoring and the CHAT program for children 	207 students 70 volunteers 11,000 volunteer hrs
Maison Baldwin House	Public Education & Volunteer Coordinator	<ul style="list-style-type: none"> Coordination of all volunteers in the day to day tasks at the shelter Provides presentations within schools and public events on dating, violence, women's health and mental wellness issues 	170 individuals assisted 18 volunteers 720 volunteer hours

Last year, **you** helped **13,426** people face and overcome personal challenges

Last year, **796** volunteers provided **55,772** hours to support change in our community

13,426 lives changed

**796 volunteers
55,772 volunteer hours**

Your generosity means the world to so many people. By combining our financial resources, time, influence and voices, we are creating change for today ...and hope for tomorrow.